

## Pelvic Pain Patient Questionnaire

### Patient information

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_

Suburb: \_\_\_\_\_ Postcode: \_\_\_\_\_

Phone (daytime): \_\_\_\_\_

Private Health Insurance provider: \_\_\_\_\_

Doctor that diagnosed you with pelvic pain: \_\_\_\_\_

Have you had a hysterectomy or any other surgeries? \_\_\_\_\_

What other health care practitioners or therapists have you seen for your condition?

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

When did you start to have pelvic pain? \_\_\_\_\_

Do you associate an event or trigger with the onset of your pain? \_\_\_\_\_

Describe your pain, what does it feel like? \_\_\_\_\_

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

When and how often do you experience it?

Also write the pain level on a scale of 1 to 10 (10 is the worst) in those times

All the time: \_\_\_\_\_

During or before menstruation: \_\_\_\_\_

Mid-cycle: \_\_\_\_\_

During bowel movements: \_\_\_\_\_

During urination: \_\_\_\_\_

During/after sex: \_\_\_\_\_

Sitting/Standing: \_\_\_\_\_

Other: \_\_\_\_\_

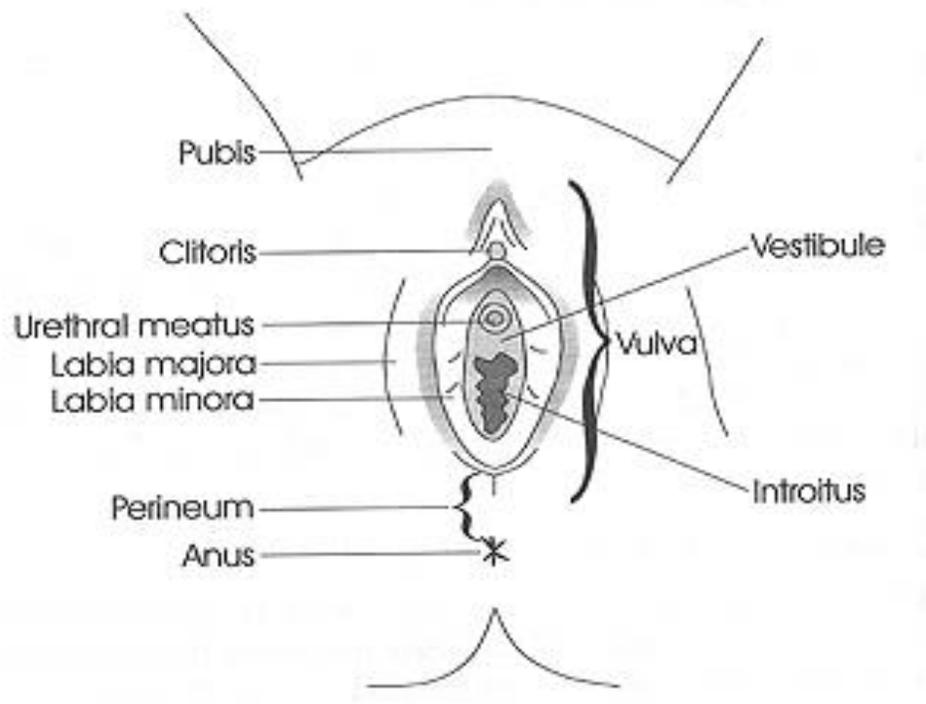
\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

What makes the pain worse? \_\_\_\_\_  
\_\_\_\_\_

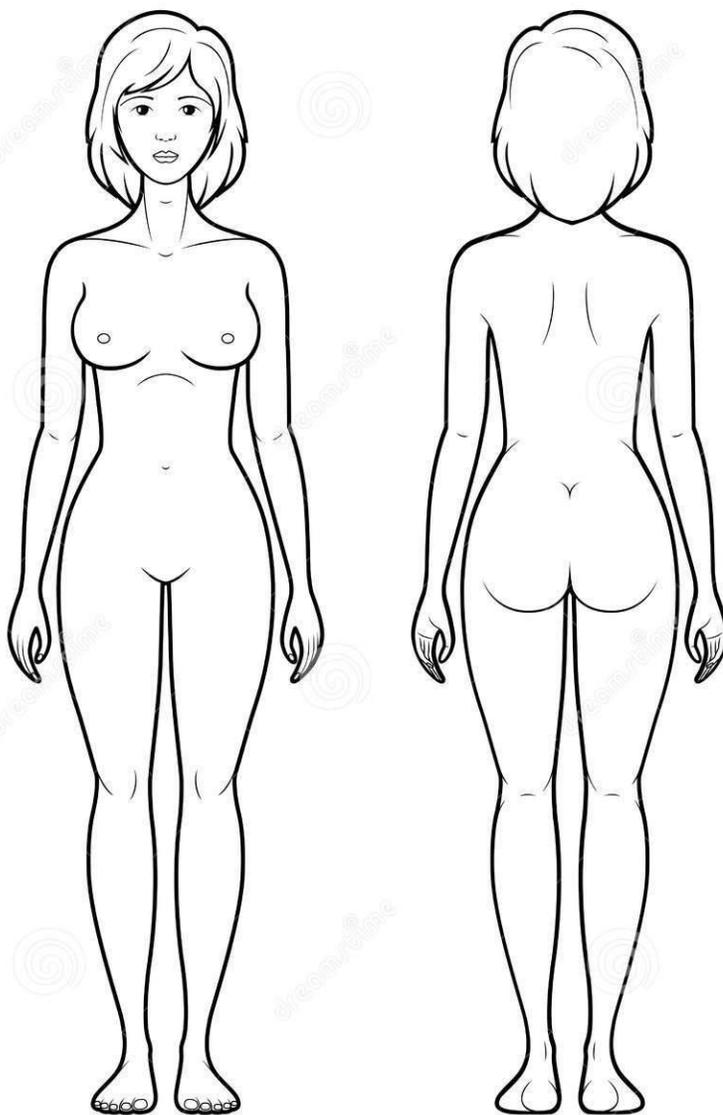
What makes the pain better? \_\_\_\_\_  
\_\_\_\_\_

What areas do you feel pain? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please highlight or shade the areas where you experience pain. Also write the pain level on a scale of 1 to 10 (10 is the worst) in those areas.



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Are you able to work or do normal activities? \_\_\_\_\_

What type of work do you do? \_\_\_\_\_

Please list what medications, supplements/herbs and any therapies you are currently using:

Medications: \_\_\_\_\_

\_\_\_\_\_

Supplements, herbs, natural therapies: \_\_\_\_\_

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What therapies or medicine have you tried in the past that have not given any results?

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**Menstrual History-**

What age did you start menstruating? \_\_\_\_\_ Is your cycle regular? \_\_\_\_\_

Are there blood clots in your menstrual flow? \_\_\_\_\_ Do you use tampons? \_\_\_\_\_

Is the flow light, moderate or heavy? \_\_\_\_\_

How many days does the flow last? \_\_\_\_\_ Date of first day your last menstrual cycle: \_\_\_\_\_

How many pregnancies have you had? \_\_\_\_\_

Resulting in: Full term \_\_\_\_\_ Premature \_\_\_\_\_ Miscarriage/Abortion \_\_\_\_\_

C-Section or Vaginal birth? \_\_\_\_\_ Were there any complications during

pregnancy, labour, delivery or post partum? \_\_\_\_\_

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How did you find us? \_\_\_\_\_

If internet, what did you search for? \_\_\_\_\_

Consent to Treatment & Privacy statement:

I request and consent to any bodywork or naturopathic therapies as found appropriate.

I understand that not all risks can be anticipated or explained by my practitioner.

I have had the opportunity to ask questions about the proposed therapy to my satisfaction.

I understand that I am free to withdraw my consent and to discontinue participation in these procedures at any time.

This information will only be used for record keeping purposes and will not be shared with a third party unless legally required or your consent has been received.

Signature \_\_\_\_\_ Date \_\_\_\_\_

(Or guardian's signature if under 16 years old)